

LIST OF COMMON

VACCINATIONS



Vaccine Medication	For the treatment prevention of	Contracted through	Symptoms	Dosage Schedule
Dukoral vaccine	Prevention against traveller's diarrhea	Consuming contaminated drinking water or food	Severe diarrhea, vomiting, stomach cramping	2 doses over a 2-week period
Twinrix vaccine	Prevention against Hepatitis A and B	Hep A: Ingestion or contact of the Hep A virus through infected stool getting on hands, in food or water Hep B: Contact with contaminated body fluids	Poor appetite, nausea, feeling tired, fever, and yellow skin and eyes (liver damage)	3 doses, at 0, 1 and 6 months
Rabies vaccine	Protection against the rabies virus	Bites or contact with saliva from an infected mammal	Headache, fever, pain, fatigue, feelings of confusion, nervousness or anxiety, paralysis, and death	3 doses over 3-4 weeks
Typhoid (TYVI) vaccine	Protection against typhoid fever	Ingestion or contact with the bacteria <i>Salmonella typhi</i> , typically from stool or urine getting onto hands and then into mouth via contaminated food or water	Fever, cough, headache, weakness, poor appetite, stomach pain, constipation, diarrhea, and rash	1 dose injected or 4 doses oral
Vivaxim vaccine	Protection against Hepatitis A and Typhoid	Hep A: Ingestion or contact of the Hep A virus through infected stool getting on hands, in food or water Typhoid: Ingestion or contact with the bacteria <i>Salmonella typhi</i> , typically from stool or urine getting onto hands and then in mouth via contaminated food or water	Poor appetite, nausea, feeling tired, fever, and yellow skin and eyes (liver damage) Fever, cough, headache, weakness, poor appetite, stomach pain, constipation, diarrhea, and rash	1 dose

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Anti-malaria medicine	Protection against the malaria parasite	Transmitted by mosquitoes	Fever and flu-like symptoms that come and go in cycles: chills, headaches, sweats, fatigue, nausea, vomiting, body aches, general ill feeling, and death	Please see pharmacist for the best recommendation based on your current needs
Japanese Encephalitis (JE) vaccine	Protection against the Japanese encephalitis virus	Transmitted by mosquitoes	Most JE infections are asymptomatic however, 1% of infected persons develop clinical symptoms. Acute encephalitis is the most common symptom and is usually severe and sometimes fatal	2 doses, a month apart
dTap vaccine (diphtheria, tetanus, acellular pertussis)	Protection against diphtheria, tetanus, pertussis (whooping cough)	<p>Diphtheria is a nose and throat infection caused by bacteria and is spread by coughing, sneezing or coming into contact with an infected person</p> <p>Tetanus is a bacterial infection caused when bacteria get into an open wound. The bacteria is found everywhere</p> <p>Pertussis is an infection of the airways caused by bacteria. It spreads by coughing, sneezing, or coming into contact with an infected person</p>	<p>Can cause trouble breathing or swallowing, heart failure, paralysis, and death</p> <p>Can cause "lock jaw" where the mouth stays closed and cannot open widely, trouble breathing, seizures, and death</p> <p>Can cause a cough that lasts for months, problems when eating, drinking and breathing (esp. for babies), pneumonia. In rare cases, seizures, brain injury, and death</p>	Booster should be taken every 10 years and women should take one for every pregnancy (27-32 weeks)
Human papilloma-virus (HPV) vaccine	Protection against the human papillomavirus	Sexually transmitted infection	Can be undetectable with no visible symptoms or may have symptoms such as genital warts. Can lead to cervical, and head and neck cancer	3 doses for adults, 0, 2, and 6 months



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Measles, Mumps, Rubella (MMR) vaccine	Protection against the measles, mumps and rubella viruses	Transmitted by droplets from sneezing and coughing	<p>Measles symptoms: fever, rash, runny nose, and red watery eyes</p> <p>Mumps symptoms: fever, headache, muscle aches, tiredness, loss of appetite, and swollen salivary glands</p> <p>Rubella symptoms: fever, sore throat, rash, headache, and red, itchy eyes. Pregnant woman could have miscarriages, or babies could be born with serious birth defects</p>	For measles and mumps, adults should take 2 doses of this vaccine if they were born in 1970 or after
Pneumococcal Polysaccharide (PNEUMO-P) vaccine	Protection against 23 strains of the bacteria <i>Streptococcus pneumoniae</i> that cause pneumococcal disease	Transmitted through coughing, sneezing, kissing, sharing food or toys	Symptoms include lung and airway infections, meningitis (bacterial blood infection), bacterial pneumonia, and death	Adults should take 1 to 2 doses (as recommended by a pharmacist). For adults 65 years and over, 1 dose is recommended
Pevnar 20 vaccine	Protection against 20 strains of the bacteria <i>Streptococcus pneumoniae</i> that cause pneumococcal disease	Transmitted through coughing, sneezing, kissing, sharing food or toys	Symptoms include lung and airway infections, meningitis (bacterial blood infection), bacterial pneumonia, and death	1 dose for adults
Shingrix vaccine	Protection against the shingles virus (varicella zoster virus) and the complications of the disease	Transmitted through direct contact with fluid from rash blisters	The virus causes a blistering rash resulting in severe pain that has the potential to linger. It usually occurs on one side of the body, such as the face, neck or torso. The disease is most common in those 50 years and over	2 doses, 2-6 months apart
Yellow fever vaccine	Protection against the yellow fever virus	Transmitted by mosquitoes	<p>Mild cases: fever, headache, jaundice, muscle pain, nausea, vomiting, and fatigue</p> <p>Severe cases: serious bleeding, failure of the heart, liver, or kidneys, and death</p>	1 dose